

COVID-19 SAFETY PLAN

Dancers & Parents

- Dancers must use the provided hand sanitizer upon entering the studio.
- Dancers must follow the teacher's instructions at all times.
- **Please do not attend the classes if you have a fever, chills, cough, shortness of breath, sore throat, or other illness symptoms.**

Teachers

- Teachers must use the provided hand sanitizer upon entering the studio.
- Teachers will sanitize all high touch surfaces between classes.
- Teachers will assist dancers in maintaining social distancing at all times and when entering and exiting the studio.
- Teachers will not enter the studio if they have a fever, chills, cough, shortness of breath, or sore throat.

Arriving at the Studio

- Dancers will be provided with sanitizer upon entering. It is also recommended for dancers to have their own sanitizer bottle.
- If possible, dancers must arrive in their dance clothing (with hair pulled tightly back). Only one person at a time will be allowed in the changing rooms at the moment. Please do not stay there longer than needed and do not occupy the bathroom for changing your clothes.
- Dancing shoes will be put on in the studio. Please clean and disinfect your shoes before coming to class if you have been using them anywhere else.
- Dancers should wait to enter the studio until the door sign reads "Clean".
- When arriving, please take your street shoes off in the hallway and allow anyone wishing to leave the studio before you enter. Avoid any frontal contact in small spaces like the doorway.
- Dancers are required to keep all their belongings in one place. If you have a coat, please don't hang it in the usual place, by the door, but keep it with your own bag.

Entering and Exiting

- When arriving, please allow anyone willing to leave the studio before you enter. Please keep a distance of at least 1m while waiting. Same applies when leaving.
- Dancers must use the provided hand sanitizer upon entering the studio.
- Parents must arrive in front of the building 5 minutes prior to the end of class to ensure dancers can leave immediately after class.
- Dancers are asked to leave the studio 10 minutes max. after their class ends, to allow enough time for cleaning before the next class.

Physical Distancing

- The seats in the studio are for the dancers. As much as possible, parents will not wait for the dancers in the studio, but rather outside the building. When this is not possible, parents will take off their street shoes and wear a mask for the entire time.
- The studio has designated dancing spots taped to allow dancers to practice safely. Dancers will remain in these spots while practicing any drills.
- While performing a full dance, dancers will dance one at a time while the rest of the class waits on the chairs, with at least one non-occupied chair between them.
- No equipment that requires hand touching will be used at the studio for the time being (yoga mats, resistance bands, balls, towels etc.). Dancers are required to bring their own such equipment.
- When leaving, dancers will walk in a socially distanced line to meet parents outside the building.

Toilet Procedures

- Dancers are asked to use the toilet at home to limit as much as possible the use of the in-studio toilet.
- The toilet room shall not be used as a changing room.

Studio Procedures

- All high touch surfaces will be cleaned before and after all classes. This includes but isn't limited to: door handles, light switches, taps and toilet handle, chairs and tables.

Class scheduling

- Class attendance will only be done with a daily confirmation. Dancers are asked to be serious about this, in order to allow for an efficient use of the teacher's and studio time.
- Class times have been, for now, changed for the summertime to allow time for entering and exiting safely, as well as to allow time for cleaning.
- Because class duration has been modified, the school will strictly adhere to starting and finishing classes at the times set. Those who cannot be on time will take upon themselves the class time they missed.
- Fitness classes will continue online on Wednesdays.
- Anyone hesitant about group classes or wanting to maximize studio time can book a private lesson.
- If they want, when possible, dancers will be able to rent the studio for alone-time practice (and will be required to follow the COVID-19 Safety Plan). Parent supervision is compulsory for dancers under 18 years of age, as this would be, unlike a private class, unsupervised by the teacher.
- Written class attendance will be kept for the time being.

Additional notes

- Parents and siblings are asked to wait for the dancers outside as much as possible. Dancers should be dropped and picked-up in front of the building. Parents should try and not be late for picking up their children.
- Hand sanitizer will be available throughout classes as needed.
- All water bottles need to have a name tag. Please send water bottles filled and multiple water bottles if your child often drinks more than one while at class.
- Dancers must have their hair tied tightly back to minimize the need to touch their face. Braids and ponytails work well (and when in doubt use two elastics).
- Dancers who can't tie their own shoes should have their laces replaced with elastic.
- If dancers use their dancing shoes for training outside the studio, they will have to clean and disinfect them before entering the studio.
- Masks are not required but dancers can wear masks when not dancing if desired. Masks cannot be worn when participating in class.